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WHEN YOU'RE STUCK: Breaking Out Of Slavery

John 8:31 - "The truth shall set you free"

- We are all slaves to certain thoughts/patterns

Romans 7:15-25 - "I do not do the good we want but the evil I do not want."

- Our human selves take comfort in the status quo (Exodus 16; murmuring narratives). But our transformational God calls us OUT of our comfort zone.

Galatians 5:1

- Use your Freedom in Christ; do not submit again to the yoke of slavery.

How?

- Romans 12:2 - "Be transformed by the renewing of your mind." [T-F-Do]
- II Corinthians 10: 3-6 - "And take every thought captive, to obey Christ."
- We need to REPLACE our wrong thoughts with a loving/Christ thought.
- John 1:5 - "the light shines in the darkness and the darkness has not overcome it."
- James 1:17 - "the Father of light, in whom there is no variation or shadow"

Getting Unstuck Stuck In Our Relationships

Matthew 5 - You have heard it said, thou shalt not kill, but I tell you that anyone who has hateful thoughts toward his brother or sister is, basically, already in a state of sin.

You can't have hateful, condescending, judgmental (TAG) thoughts towards others AND love your neighbor as yourself (Matthew 22: 34-40). The two are incompatible.

Those thoughts have to be replaced with the truth! About you and your brother/ sister

This is the beginning place of all "second responses."

- Hear
- Stop
- Choose
- Speak

James 1:19 - slow to speak and slow to anger; give the light a chance to show up!

Getting Unstuck In Our Ministries

It is easy to focus on what we can't do and why we can't do it (Henry Ford).

Mark 6 - And he could do no mighty works there; and he marveled at their unbelief.



Matthew 7 - Ask and it shall be given unto you

James 4:2 - You do not have because you do not ask (Mark 10; Bartimaeus)

"I don't want to be greedy/self-centered/look bad/fail: So we don't ask!!"

Matthew 13:31-32 - so that even the birds of the air can make nests in its branches

It's not just about you!! It is about all the "birds" being blessed by your obedience

ANY thoughts that interfere with this, must be replaced by the truth

John 10:10 - I came that they might have life and have it *abundantly!*

Getting Unstuck In Our Spiritual/Emotional Life

Exodus 3:13-14 - Tell them I AM sent you; God exists/meets us in the right now.

But we all spend most of our time looking back (Luke 9:62, no one who puts his hand on the plow and looks back is fit for the kingdom), in regret, sorrow, or fondness.

Or, we seek to control the future, which makes us anxious (Matthew 6:34; be not anxious about tomorrow; let today's troubles be sufficient for the day.)

This badly damages our spiritual life (our ability to connect with God) and our emotional life (our ability to connect with ourselves!).

This is why EVERY spiritual discipline is about being present; prayer, scripture, being quiet in nature, caring for others, being grateful.

So, we need to capture any thought that says we are too busy, any obsessions with the past, and any attempts to control the future and REPLACE them with the truth – that God is here, right now, cares for us, guides us, and wants good for us. Right now!

For more information regarding **Dr. Glenn's 5 Week Course**, visit the course page today!

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